

BEVERAGES

☛ Hand-Crafted Lemonades

Pomegranate Berry 130 cal · Mango 100 cal
Strawberry Banana 130 cal · Strawberry 150 cal



Bottomless Beverages

Freshly Brewed Iced Tea

Unsweetened 0 cal / Sweetened 300 cal

Hot Tea 0 cal

Lemonade Iced Tea 80 cal

Lemonade 190 cal

Shoney's Fresh Roast™ Coffee 0 cal
(decaffeinated also available)

Products

Coca-Cola® 170 cal · Diet Coke® 0 cal

Sprite® 170 cal · Pibb Xtra® 160 cal

Mello Yello® 200 cal · Hi-C® Punch 180 cal

Barq's® Root Beer 190 cal

Beverage brands are trademarks of The Coca-Cola Company®.

Juices

Orange Juice 190 cal

Apple Juice 190 cal

2% Low-Fat Milk 210 cal

Hot Chocolate 180 cal

Dasani® Bottled Water 0 cal

Smoothies 100 cal

Mango · Pomegranate Berry
Strawberry Banana

Hand-Dipped Milkshakes

Hot Fudge Cake 760 cal

Strawberry Pie 600 cal

Vanilla Bean 590 cal



DESSERTS

Ask about our whole pies to take home.

☛ Shoney's® World Famous Hot Fudge Cake 620 cal

Vanilla ice cream between freshly baked layers of Shoney's® famous chocolate cake, covered in hot fudge sauce, whipped topping and a cherry.



Skillet Cookie 690 cal

A freshly-baked, delicious, soft and warm chocolate chunk cookie drizzled with rich, sea salt caramel sauce. (15 minutes bake time. Well worth the wait!)

Available with vanilla bean ice cream, adds 110 cal.

☛ Christy's Apple Pie™ 640 cal

Sweet, saucy cinnamon apples with a crispy, oat crust crumble, toffee caramel and chunks of walnuts.

Available with vanilla bean ice cream, adds 110 cal.



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☛ Pecan Pie 560 cal

A rich filling mixed with pecans and baked in a flaky crust. Topped with a drizzling of sea salt caramel sauce.

Available with vanilla bean ice cream, adds 110 cal.



BREAKFAST

Grits available only during breakfast hours.

☛ All-Star Breakfast** 750 cal

Two freshly-cracked eggs over easy with crispy bacon, breakfast potatoes and a buttermilk biscuit.

Breakfast Sandwich* 930 cal

Two freshly-cracked eggs scrambled and served on a toasted croissant with American cheese and crispy bacon. Served with breakfast potatoes.

☛ Shoney's® Steak Breakfast* 820 cal

Our delicious Shoney's signature, custom-aged 8-oz. top sirloin cooked to order* and available with a buttermilk biscuit and your choice of two freshly-cracked eggs-your-way (adds 140-200 cal), your choice of breakfast potatoes (adds 250 cal), or Southern-style grits (adds 90 cal).

Pancake Breakfast

320 cal per pancake

All served fresh. All you care to eat. (4 pancakes per order, 2 pancakes per re-order. No sharing, please.)

With Breakfast Potatoes, adds 250 cal

With Southern-style Grits, adds 90 cal

With Bacon, adds 110 cal

With Sausage, adds 150 cal



Country Fried Steak Breakfast*

1110 cal

A tender steak coated in our signature seasoned flour, then topped with our traditional white gravy. Available with a buttermilk biscuit and your choice of two freshly-cracked eggs-your-way (adds 140-200 cal), your choice of breakfast potatoes (adds 250 cal) or Southern-style grits (adds 90 cal).

OMELETS

Served with breakfast potatoes (adds 250 cal) or Southern-style grits (adds 90 cal) and a warm buttermilk biscuit (adds 210 cal).

Philly Steak & Cheese Omelet 590 cal

Savory shaved ribeye grilled with bell peppers, sweet onions and mushrooms smothered in American cheese.

Veggie Omelet 440 cal

Loaded with onions, bell peppers, mushrooms, tomatoes and cheddar cheese.

Create-Your-Own Omelet 330 cal

Build your own hearty 3-egg omelet by choosing one cheese and three additional toppings from these ingredients:

| | |
|-------------------------------|-----------------------|
| American Cheese, adds 100 cal | Onions, adds 0 cal |
| Cheddar Cheese, adds 80 cal | Mushrooms, adds 0 cal |
| Ham, adds 80 cal | Tomatoes, adds 10 cal |
| Bacon, adds 140 cal | Spinach, adds 0 cal |
| Sausage, adds 210 cal | |
| Green Peppers, adds 0 cal | |



☛ Slim Jim® Omelet 620 cal

A Shoney's® Signature item in an omelet. Loaded with grilled smokehouse ham, tomatoes and melted Swiss cheese.

CATERING

We'll take care of the details, so that you can take care of your guests!
Contact our catering coordinators at catering@shoneys.com or call 888-455-3022.

FRANCHISING

Shoney's is better than ever and growing! Visit shoneys.com/franchising.

***ADVISORY:** These food items are or may be served undercooked, or contain or may contain undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

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Persons with allergies or certain other health conditions should understand that food items may sometimes be cooked in oil that has been used for fish or other seafood or nuts. Shoney's® uses all vegetable zero grams trans fat cooking oils for our fried products.

The nutritional information seen here was prepared by MenuTrinfo®, LLC and is based on standard serving sizes and product formulations prepared with standard ingredients. The nutritional data presented are based on representative values from the USDA Nutrient Database for Standard Reference and information from product manufacturers. Variation may occur due to the handcrafted nature of our menu items or due to seasonal influences and/or sources of supply of our ingredients. Additionally, formulations may change on occasion or the substitution of ingredients or suppliers may be necessary which will alter the nutritional values.



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SHONEY'S®

EST. 1947



ALWAYS FRESH. ALWAYS DELICIOUS.

STARTERS

🍴 Spinach & Artichoke Dip 400 cal

Sautéed spinach and artichokes in a creamy, three-cheese sauce.
With Dixie Tater Chips®, adds 940 cal



Shoney's® Sliders 590 cal

Three fresh, hand-pattied, grain-fed, 100% ground beef mini-burgers topped with American cheese and served on toasted mini-buns with pickles and mayonnaise.
With French fries, adds 420 cal

🍷 Shoney's® Signature Onion Rings 570 cal

A jumbo order of our fresh, hand-cut and hand-breaded onion rings.

Hand-Breaded Chicken Strips 1130 cal

Fresh, hand-breaded, chicken strips served with choice of dipping sauce: BBQ (adds 60 cal), buttermilk ranch (adds 150 cal) or honey mustard (adds 190 cal).
With French fries, adds 420 cal

Shoney's® Wings 250 cal per wing; 8 wings per serving

Eight jumbo chicken wings served with celery (adds 0 cal) and choice of bleu cheese (adds 180) or ranch (adds 100 cal). Available sauces: Buffalo (adds 60 cal), Honey Heat (adds 100 cal), Garlic Parmesan (160 cal), Teriyaki (adds 120) or Honey Bourbon (adds 140 cal).



SALADS + SOUPS

Prepared fresh every day.

Fresh Salad, Soup & Fruit Bar MKT PRICE

Order alone or as a complement to any entrée, burger or sandwich.

*See Salad, Soup & Fruit Bar for calorie information.

Garden Salad 270 cal

Freshly prepared crisp greens, sliced cucumbers, tomatoes and red onions. Topped with crunchy croutons and shredded cheddar cheese. Served with choice of dressing (adds 120-260 cal).

Southern Crispy Chicken Salad 780 cal

Crisp greens tossed with fresh, hand-breaded chicken strips, red onions, tomatoes, cheddar cheese and tomato & corn relish. Lightly tossed with honey mustard dressing (adds 260 cal)



🍷 Cobb Salad 520 cal

Crisp romaine lettuce, crumbled bacon, chopped egg, tomato & corn relish, cheddar cheese and chopped cucumbers served with your choice of dressing (adds 120-260 cal).

Add to your salad:

Fresh Chicken, grilled, adds 290 cal or crispy, adds 850 cal

Sirloin, adds 250 cal

Fresh 100% Ground Beef Burger*, adds 290 cal

Grilled Shrimp, adds 220 cal

Grilled Salmon, adds 440 cal



BAKED POTATOES



🌟 Loaded Baked Potato 330 cal

Baked potato loaded with butter, sour cream, chopped bacon and cheddar cheese, then garnished with chopped green onions.

🌟 Broccoli & Cheddar Cheese 180 cal

Tender broccoli florets, shredded cheddar cheese and butter in a baked potato.

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ENTRÉES

Entrées include a choice of 2 sides, adds 100-550 cal.

High Range Ribeye* 960 cal

Juicy and delicious, our 10-ounce custom-cut Ribeye is grilled your way and is a truly superior steak that will almost melt in your mouth.

🍷 8-oz. Steakhouse Sirloin* 700 cal

Hand-cut, custom-aged Sirloin, grilled your way*, then topped with herb garlic butter.



🌟 Swiss Mushroom Chicken 560 cal

Grilled chicken breast brushed with garlic Parmesan sauce, then topped with sautéed mushrooms and melted Swiss cheese. Garnished with green onions.



PASTA + STIR-FRY

🍷 Baked Spaghetti 980 cal

Spaghetti ladled with our rich tomato and meat sauce. Topped and baked with mozzarella cheese.

With garlic bread, adds 230 cal

With fresh hand-breaded chicken strips, adds 850 cal

Teriyaki Glazed Salmon 570 cal

Grilled salmon filet topped with a sweet teriyaki glaze. **Also available grilled without sauce (440 cal) or blackened (450 cal).**

🍷 Half-O-Pound** 400 cal

Fresh, hand-pattied, grain-fed, 100% ground beef patty cooked to order, then topped with grilled sweet onions and mushrooms.

Country Fried Steak 720 cal

Tender steak breaded in our signature seasoned flour, cooked to a golden brown and topped with our traditional white gravy.

Grilled or Blackened Chicken Breast 290 cal

Fresh, perfectly cooked chicken breast seasoned with herb garlic butter.

🍷 Crispy Fish Filets 1210 cal

Codfish filets hand-breaded in our homemade bread crumbs. Served with tartar sauce.

🍷 Crispy Pile O' Shrimp™ 690 cal

A dozen large shrimp, hand-breaded in our homemade bread crumbs. Served with cocktail sauce.



Stir-Fry 1220/870 cal

Your choice of fresh, grilled chicken strips or tender grilled shrimp stir-fried with broccoli, red peppers, onions and teriyaki sauce. Served with your choice of steamed rice (adds 470 cal) or rice pilaf (adds 780 cal). With garlic bread, adds 230 cal

Chicken Stir-Fry or **Shrimp Stir-Fry**

Mashed Potatoes 230 cal

With Gravy, adds 25 cal

Loaded, adds 80 cal

Macaroni & Cheese 150 cal

Rice Pilaf 450 cal

Fresh Steamed Vegetables 40 cal

Coleslaw 90 cal

Green Beans 90 cal

Side Salad 20 cal

Soup of the Day 70-180 cal



BURGERS

Served with French fries, adds 420 cal.

🍷 All-American Burger™* 730 cal

A Shoney's® Classic served with American cheese.

Mushroom Swiss Burger* 860 cal

Topped with sautéed mushrooms and covered with Swiss cheese.

🍷 Shoney's® Double Decker* 1140 cal

Topped with four slices of crispy hickory-smoked bacon and four slices of American cheese.



BBQ Bacon Cheeseburger* 840 cal

Crispy hickory-smoked bacon and American cheese, topped with tangy BBQ sauce.

SANDWICHES

Served with French fries, adds 420 cal.

Philly Steak & Cheese 640 cal

Savory shaved ribeye grilled with bell peppers, sweet onions and mushrooms. Smothered in American cheese and served on a toasted hoagie.

Substitute a fresh, grilled chicken breast, adds 140 cal.

🍷 Shoney's® Spicy Chicken Sandwich 1060 cal

Fresh, hand-breaded chicken breast covered with hot, spicy sauce, topped with pickled coleslaw and pickle chips on a toasted bun.



🍷 Slim Jim® 720 cal

Grilled smokehouse ham served on a toasted hoagie with melted Swiss cheese, tomatoes, lettuce, pickles and our signature Shoney's® sauce.



🍷 Shoney's® Fish Sandwich 1230 cal

Codfish filet, hand-breaded in our homemade bread crumbs. Served on a toasted hoagie with lettuce and tartar sauce.

🌟 Steak Sandwich 750 cal

A tender and juicy, grilled Ranch steak on a toasted hoagie brushed with garlic butter. Served with lettuce, tomato and mayonnaise.



Roasted Chicken Salad Croissant 760 cal

Freshly prepared, tender chicken salad with chunks of crisp celery, lettuce and juicy, seedless grapes. Served on a flaky croissant.

Grilled Chicken Sandwich 620 cal

Fresh, grilled seasoned chicken breast served on a toasted bun with lettuce, tomatoes, pickles and mayonnaise.

Turkey Club 1070 cal

Slow-roasted turkey breast, hickory-smoked bacon, American and Swiss cheeses on grilled sourdough bread with lettuce, tomatoes and mayonnaise.



🍷 **Shoney's® Signature Item** 🌟 **New Menu Item** 🍷 **CEO Favorite**

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